

VERMONT SECRETARY OF STATE
OFFICE OF PROFESSIONAL REGULATION
2009 NATUROPATHIC PHYSICIAN FORMULARY

I. Purpose

This is the 2009 formulary of prescription medication for use by naturopathic physicians consistent with their scope of practice and pursuant to 26 V.S.A. Chapter 81. *See* 26 V.S.A. § 4125(c).

II. Prescription Medications to be Used by Naturopathic Physicians

No agent listed in the following formulary may be administered by the intravenous route unless the agent is specifically designated for intravenous administration in the formulary "Category" margin.

Use of medications included in the following formulary is limited to FDA approved indications, routes and dose regimens. However, "off-label" indications, routes and dose regimens may be prescribed for patients and conditions the naturopathic physician is competent to treat based on that physician's training and experience. "Off-label" shall conform to the generally acceptable standards of practice, including safety and efficacy, for both allopathic and naturopathic practitioners. *See, generally*, Food and Drug Admin., *Guidance for Institutional Review Boards and Clinical Investigators 1988 Update: "Off-Label" and Investigational Use of Marketed Drugs, Biologics and Medical Devices*, <http://www.fda.gov/oc/ohrt/irbs/offlabel.html>.

III. Term of Formulary:

This formulary will be reviewed and revised on an annual basis pursuant to 26 V.S.A. § 4125(c).

(- END -)

Category	Inclusions																																				
Amino Acids and Amino Acid Combinations (May be administered IV)	<table border="1"> <tr> <td>Acetyl Carnitine</td> <td>Glutathione</td> <td>Methionine</td> </tr> <tr> <td>Alanine</td> <td>Glycine</td> <td>N-acetyl cysteine</td> </tr> <tr> <td>Arginine</td> <td>Histidine</td> <td>Phenylalanine</td> </tr> <tr> <td>Aspartic Acid</td> <td>Homocysteine</td> <td>Phosphocreatine</td> </tr> <tr> <td>Butyric Acid</td> <td>Homocystine</td> <td>Phosphoserine</td> </tr> <tr> <td>Creatine</td> <td>Hydroxyproline</td> <td>Phosphothreonine</td> </tr> <tr> <td>Cystine</td> <td>Homoserine</td> <td>Phosphotyrosine</td> </tr> <tr> <td>Cysteine</td> <td>Isoleucine</td> <td>Proline</td> </tr> <tr> <td>Ethionine</td> <td>Leucine</td> <td>Serine</td> </tr> <tr> <td>Gamma Amino Butyric Acid</td> <td>Levocarnitine</td> <td>Threonine</td> </tr> <tr> <td>Glutamic Acid</td> <td>Lysine</td> <td>Tryptophan</td> </tr> <tr> <td></td> <td></td> <td>Valine</td> </tr> </table>	Acetyl Carnitine	Glutathione	Methionine	Alanine	Glycine	N-acetyl cysteine	Arginine	Histidine	Phenylalanine	Aspartic Acid	Homocysteine	Phosphocreatine	Butyric Acid	Homocystine	Phosphoserine	Creatine	Hydroxyproline	Phosphothreonine	Cystine	Homoserine	Phosphotyrosine	Cysteine	Isoleucine	Proline	Ethionine	Leucine	Serine	Gamma Amino Butyric Acid	Levocarnitine	Threonine	Glutamic Acid	Lysine	Tryptophan			Valine
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Analgesics	<p>Topical Analgesics</p> <p>Codeine</p> <p>Codeine/Acetaminophen</p> <p>Tramadol</p> <p>Tramadol/Acetaminophen</p> <p>Carisoprodol</p> <p>Carisoprodol/Aspirin</p>																																				
Anti-Inflammatory Agents	OTC preparations (Any Non-Steriodal Anti-Inflammatory Agent "NSAID" approved for OTC sale may be prescribed in any form or combination).																																				
Anesthetics, Topical and local	Ethyl Chloride Spray, Fluro-Ethyl Spray, Fluro-Methane Spray, Benzocaine, Lidocaine HCL, Procaine HCL, Tetracaine, Bupivacaine HCL																																				
Antibacterial Agents	<p>Cephalosporins: Cephalexan, Cefaclor</p> <p>Penicillins: Amoxicillin, Ampicillin, Penicillin G, Penicillin VK, Cloxacillin, Dicloxacillin</p> <p>Macrolides: Erythromycin, Azithromycin</p> <p>Tetracyclines: Tetracycline, Doxycycline, Oxytetracycline, Minocycline</p> <p>Trimethoprim</p> <p>Trimethoprim/Sulfamethoxazole</p> <p>Topical And Ophthalmic Antibacterials: Silver Sulfadiazine Cream, Mupirocin, Neomycin, Chlorhexidine, Cloiquinol, Colloidal Silver Preparations</p>																																				

Antifungal Agents	Gentian Violet Terbinafine Ciclopirox Clotrimazole Nystatin
Antiparasitic Agents	Mebendazole Metronidazole Yodoxin Lindane Permethrin
Antiviral Agents	Acyclovir, Valacyclovir
Barrier Contraceptives	Condoms, Diaphragms, Cervical Caps
Botanical Extracts and their derivatives (May be administered IV)	All prescription and non-prescription remedies as exemplified in traditional botanical and herbal pharmacopeas, such as the German Commission E monographs
Chelating Agents	DMSA
Childbirth preparations (May only be administered IV where specifically noted)	Ergot alkaloids, their derivatives and compounds ** Rho(D) Immune Globulins Oxytocin ** Triple dye Bethanecol chloride **(Ergot alkaloids, their derivatives and compounds and Oxytocin may be administered IV)
Cholesterol lowering Agents	Cholestyramine, Statins
Dermatologic	Urea Cream 40% Cantharidin, Capsaicin, Dmso, Selenium Sulfide 2.5%, Tretinoin, Hydrocortisone 1%, Podophyllum Resin 25%, Podofilox 0.5% Solution, Zinc Pyrithione

Diuretics	hydrochlorothiazide
Endocrine: Adrenal	Adrenal extract Beclomethasone (inhalation) Corticotropin (diagnostic only) Cortisol (Hydrocortisone) Cortisone acetate DHEA Epinephrine (SQ, IM) Mometasone furoate (intranasal) Prednisone: 7 day maximum duration for treatment of asthma and acute allergic reactions, exacerbation chronic lung disease; 14 days maximum for treatment of contact dermatitis Pregnenolone Triamcinolone and its salts topical only
Endocrine: Gonadal	Estrogens and estrogen preparations, progesterone and progestins and their preparations, hormonal contraceptives, testosterone
Endocrine: Liver	All liver preparations, such as Trinsicon
Endocrine: Pancreatic	Glucagon, Insulin and Insulin preparations
Endocrine: Pituitary	ACTH (diagnostic only), Melatonin, Human Chorionic Gonadotrophin
Endocrine: Thymus	Thymus preparations
Endocrine: Thyroid	Thyroxin and Derivatives, Calcitonin,

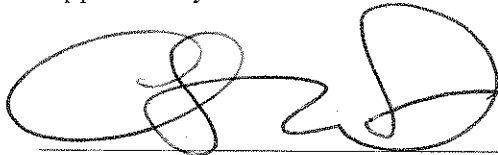
Enzyme, Digestive, and Proteolytic Preparations and Their Derivatives	Amylase Betaine HCl Bromelain Cellulase Chymotrypsin Dornase alpha Glutamic HCl Hyaluronidase Lipase Pancreatin Pancrelipase	Papain Protease Trypsin Bile Salts: Cholic Acid Chenodeoxycholic acid Chenodiol Dehydrocholic acid Ursodeoxycholic acid Ursodiol Ox bile
Gastrointestinal	Betaine , Glutamic Hydrochloric Acid Acid Suppressing/Protecting Agents: H2 Antagonists (excluding Cimetidine), Proton Pump Inhibitors Cromolyn Sodium	
Genitourinary agents	Pyridium, Physostigmine, Yohimbine HCl	
Homeopathic preparations and their derivatives.	All prescription and non-prescription remedies that are manufactured according to the pharmaceutical guidelines set forth in the H.P.U.S. and German Commission C. All anthroposophical medicines in accordance with the Anthroposophical Pharmacopoeias of Wala and Weleda and German Commission C.	
Immune Stimulants (May be administered IV)	Iscador Iscucin	
Immunizations	All Immunizations and associated Toxoids	

Intravenous Preparations	Dextrose solutions Lactated Ringers solution Ringer's Solution Saline solutions Sterile Water D5W Sodium Bicarbonate	
Minerals, their derivatives and compounds (May be administered IV)	Boron Calcium Chromium Cobalt Copper Fluoride Iodine Iron Magnesium	Manganese Molybdenum Nickel Potassium Selenium Silicon Silver Tin Vanadium Trace Mineral Compounds Zinc
Musculoskeletal	Cyclobenzaprine, Guaifenesin, Colchicine, Sarappin	
Neurological	Gabapentin, Ergotamine Tartrate	
Pulmonary	Albuterol, Salmeterol, Antitussives Containing Codeine, Ephedra	
Secretagogues	Pilocarpine	
Vitamins and other Nutrients: all forms of prescription and nonprescription preparations and their derivatives (May be administered IV)	Vitamin A Thiamin (B 1) Riboflavin (B 2) Niacin (B 3) Pantothenic Acid (B 5) Pyridoxine (B 6) Cobalamins (B 12)	Folic acid Biotin Ascorbic acid (Vitamin C) Vitamin D Vitamin E Vitamin K Alpha Lipoic Acid Glutathione Methyl-sulphonylmethane (MSM)

Miscellaneous	Acetic acid Ammonium lactate Anthralin Bee venom Caffeine DMSO Glycogen	Glycolic Acid Grain alcohol Iontophoresis solutions Nicotine Oxygen Pseudoephedrine Salicylic Acid
Diagnostic Agents	Cobalt (57Co) ACTH/Corticotropin Glucola Lactulose/Mannitol Solution Pentagastrin Zylose Diphtheria Toxin Coccidioidin	Histoplasmin Candida and Trichophyton Extracts Mumps skin test antigen Skin test antigens, multiple Tuberculin

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Approved by:



Christopher Winters, Director

DATED:

12/11/09